




Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1 Health Mobile 9am-noon Spectrum Lunch @ Noon Board Mtg 7:00 PM	2 Yoga 8:15-9:45 am Food Bank 10:30am  1:00 PM Movie Night Movie @ 6:30 pm	3
4  5:30 PM	5 Yoga 8:45-9:45 am  1:00 PM Craft Class 2:00 PM Line Dance 3:30 - 5:00 pm	6 Spectrum Lunch noon Tia-Chi 1:00 PM	7 Yoga 8:15-9:45 am  1:00 PM Bingo 6:30 PM Snack Bar 5:00 PM	8 Health Mobile 11 am - 3 pm Spectrum Tia-Chi 1 pm Gen. Meeting 7:00 PM	9 Yoga 8:15-9:45 am  1:00 PM Movie Night B-Bug Club Starts 6:30 PM	10 Breakfast  8:30 AM
11	12 Paramount Tour 9:15 AM  1:00 PM Craft Class 2:00 PM Line Dance 3:30 - 5:00 pm	13 Spectrum Lunch noon Tia-Chi 1:00 PM	14 Yoga 8:15-9:45 am  1:00 PM Bingo 6:30 PM Snack Bar 5:00 PM	15 Spring Chickens 8:30 AM Health Mobile 11 am - 3 pm Spectrum noon Tia-Chi 1:00 PM	16 Yoga 8:15-9:45 am Food Bank 10:30am  1:00 PM Movie Night Movie @ 6:30 pm	17  Dinner 6:00 PM
18	19 Yoga 8:45-9:45 am  1:00 PM Craft Class 2:00 PM Line Dance 3:30 - 5:00 pm	20 Spring Chickens 8:30 AM Spectrum Lunch noon Tia-Chi 1:00 PM	21 Yoga 8:15-9:45 am  1:00 PM Bingo 6:30 PM Snack Bar Dinner 5:00 PM	22 Spring Chickens 8:30 AM Health Mobile 11 am - 3 pm Spectrum noon Tia-Chi 1:00 PM	23 Yoga 8:15-9:45 am  1:00 PM Movie Night B-Bug Club Starts 6:30 PM	24
25	26 Yoga 8:45-9:45 am  1:00 PM Craft Class 2:00 PM Line Dance 3:30 - 5:00 pm	27 Spring Chickens 8:30 AM Spectrum Lunch noon Tia-Chi 1:00 PM	28 Yoga 8:15-9:45 am  1:00 PM Bingo 6:30 PM Snack Bar 5:00 PM	29 Spring Chickens 8:30 AM Health Mobile 11 am - 3 pm Spectrum noon Tia-Chi 1:00 PM	30 Yoga 8:15-9:45 am  1:00 PM Movie Night B-Bug Club Starts 6:30 PM	31