

The Tropics Coffee Club meets M/F am in the Conference Room, Come and Join Us!

Sun	Mon	Tues	Wed	Thur	Fri	Sat	
	1 	2 Spring Chickens 8:30 AM Spectrum Lunch @ Noon	3 Health Mobile 11am-3pm  1:00 PM Bingo 6:30 PM Snack Bar 5:00 PM	4 Spring Chickens 8:30 AM Spectrum Lunch @ Noon Board Mtg 7:00 PM	5 Yoga 8:15-9:45 am Food Bank 10:30am  1:00 PM Movie Night Movie @ 6:30 pm	6	
7	8 Yoga 8:45-9:45 am  1:00 PM Craft Class 2:00 PM Line Dance 3:30 - 5:00 pm	9 Spring Chickens 8:30 AM Spectrum Lunch noon	10 Health Mobile 11am-3pm  1:00 PM Bingo 6:30 PM Snack Bar 5:00 PM	11 Spring Chickens 8:30 AM Spectrum Lunch @ Noon Gen. Meeting 7:00 PM	12 Tai Chi 8:30 - 9:30 am Yoga 8:15-9:45 am  1:00 PM Movie Night Movie @ 6:30 pm	13 Breakfast 	
14	15 Yoga 8:45-9:45 am  1:00 PM Craft Class 2:00 PM Line Dance 3:30 - 5:00 pm	16 Spring Chickens 8:30 AM Spectrum Lunch noon	17 Health Mobile 11am-3pm  1:00 PM Bingo 6:30 PM Snack Bar 5:00 PM	18 Spring Chickens 8:30 AM Spectrum Lunch noon	19 Yoga 8:15-9:45 am Food Bank Asian Art Musium Trip  1:00 PM Movie Night Movie @ 6:30 pm	20	
21	22 Yoga 8:45-9:45 am  1:00 PM Craft Class 2:00 PM Line Dance	23 Spring Chickens 8:30 AM Spectrum Lunch noon	24 Yoga 8:15-9:45 am  1:00 PM Bingo 6:30 PM Snack Bar 5:00 PM	25 Spring Chickens 8:30 AM Health Mobile 9am-noon Spectrum Lunch noon	26 Tai Chi 8:30 - 9:30 am Yoga 8:15-9:45 am  1:00 PM Movie Night Movie @ 6:30 pm	27 Games & Pizza Party Night 6:00 PM 	
28	29 Yoga 8:45-9:45 am  1:00 PM Craft Class 2:00 PM Line Dance	30 Spring Chickens 8:30 AM Spectrum Lunch noon	31 Yoga 8:15-9:45 am  1:00 PM Bingo 6:30 PM Snack Bar 5:00 PM				